

Consent & Coercion – Challenge Quiz

This quiz will test your understanding of key ideas from today's lesson on consent, coercion, and healthy relationships. Choose the best answer for each question. Some answers may seem similar — read carefully and think about what is legally and ethically correct.

1. Which of the following best describes consent under UK law?

- a. Saying “yes” at least once during the interaction
- b. Agreeing by choice, with freedom and capacity to make that choice.
- c. Not saying “no” or resisting.
- d. Agreeing because someone you trust asked you to.

2. Which situation best shows coercion rather than genuine consent?

- a. Someone agreeing because they feel guilty for saying no before.
- b. Someone changing their mind after thinking about it.
- c. Two people discussing what they both feel comfortable with.
- d. Someone saying yes but then later regretting it.

3. Which statement about *sharing intimate images* is legally correct in the UK?

- a. If the person once shared the image voluntarily, it's fine to share it again.
- b. It's okay if the person's face isn't visible.
- c. It's only illegal if money is involved.
- d. Sharing an image without permission can be a criminal offence.

4. What's the best example of mutual respect in a relationship?

- a. Checking in with the other person before making assumptions about what they want.
- b. Doing what your partner asks so they don't get upset.
- c. Avoiding uncomfortable conversations to keep the peace.
- d. Believing consent is implied once you're in a relationship.

5. Which statement is most accurate about power and pressure?

- a. Power only matters in adult relationships.
- b. If someone has more power, they must always be the one coercing.
- c. Power differences can make it harder for someone to say no.
- d. Power has nothing to do with consent if both people know each other well.

Reflection Sheet

Take a few minutes to think about today's lesson.

Answer the questions below - there are no right or wrong answers, just your honest thoughts.

1. What does coercion look like, and why does it mean a person's consent isn't genuine?

2. Why is consent essential for safe and healthy relationships?

3. What's one thing you learned or will remember from today?

Pick ONE option from below and answer the questions in the space provided:

Option A	Option B	Option C
<p>What has shifted in your thinking today about relationships?</p> <p>What led to this shift?</p>	<p>What are you proud of from your participation today?</p> <p>What did you learn about yourself?</p>	<p>What challenged you today?</p> <p>How did you respond to this challenge?</p>

Choose your question: (Write the letter here)

Your answer:

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.