

Peer Panel – Perspective Prompts

Tyler

- You've been watching online videos saying that boys should always act tough and never show feelings.
- You feel like maybe this is true, but it makes you confused and uneasy.
- You worry Elina and others won't respect you if you just act like yourself.
- Part of you misses being relaxed and not second-guessing everything.

Elina

- You've noticed Tyler acting differently around you.
- When you joked with him, he suddenly went quiet and tense.
- You don't know what changed, but it feels like a wall has gone up between you.
- You liked Tyler's old easygoing self and don't understand why he's acting this way.

Friends

- You've picked up on Tyler acting "different" around girls.
- He's trying to act tougher, but it doesn't feel like the real him.
- You're torn: Do you call it out, ignore it, or check in privately?
- You don't want to lose your friendship, but you also don't want him to get stuck thinking this is how he has to be.

Parents

- You've noticed Tyler express some beliefs about himself you have found upsetting, such as "I don't want to be weak" when he gets frustrated.
- You're worried he might be spending too much time online, but you don't want to push him away.
- You wonder: Should you be firm and set limits, or try to gently open up a conversation?
- You want to help him but aren't sure what he'd actually listen to.

Teachers

- You've noticed Tyler has gone from being chatty to looking disengaged or defensive in class.
- You're not sure if it's just normal teenage stuff or something more.
- You don't want to embarrass him in front of others, but you feel responsible for supporting him.
- You're considering whether to ask him directly or wait until he approaches you.

