

Scenario 1

Kai was scrolling through his video feed, which was full of guys his age with six-packs doing

impossible-looking workouts. At first, he'd felt inspired, but now a familiar, sinking feeling was creeping in as he glanced at his own reflection in the dark screen. Why don't I look like that? he thought, even though a voice in his head told him it was probably just clever filters and lighting. He knew he should close the app, but his thumb kept swiping, hoping the next video would show him the one magic exercise that would make him look like them.

QUESTIONS

1. What advice would you give to Kai?
2. Why does Kai feel compelled to keep scrolling?
3. Why might someone create AI videos of workouts?

Scenario 2

Esha has been getting really into sustainability, and her social media feed is now packed with videos about saving the planet. Lately, the platform's Artificial Intelligence (AI) has started showing her more intense content— including clips calling anyone who uses plastic an “enemy of the Earth.” When she saw her friend Omar drinking from a plastic bottle, she felt a flash of anger. But then she paused, remembering Omar is a kind person, and felt confused; her feed made the issue seem so simple, and now she wasn't sure if the anger was truly her own or if the AI was learning that making her angry was the best way to keep her scrolling.

QUESTIONS

1. What advice would you give to Esha?
2. Why does the content Esha sees keep getting more extreme?
3. How could Esha find less extreme content on sustainability?

Scenario 3

Luca was rushing to finish his history homework and decided to use an AI chatbot to get his facts quickly. The AI instantly produced a perfect, confident-sounding paragraph stating the first-ever video game was created by one specific person in 1958, which he quickly copied into his project. Later, his friend Ruby mentioned her research showed it was actually developed by a different team of people several years later. Luca stared at his screen, a knot forming in his stomach; the AI's answer was so clear and easy, but what if it had just confidently made the whole thing up? He didn't know whether to trust the instant AI-generated “fact” or to start his work all over again.

QUESTIONS

1. What advice would you give to Luca?
2. How could Luca check if his information is correct?
3. Should Luca ever use AI again to help with his homework?

